



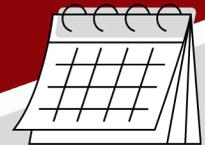
# February Fun at Dezi's

February is bringing a mix of focus, fun, and studio traditions we love! We were excited to welcome Joy Handy from Idaho, who spent time working with our Advanced Ballet and Pointe students as they prepare for their Royal Academy of Dance examinations—it was such a great opportunity for growth and refinement. This month also brings some extra joy around the studio with our Studio Heart Attack, where dancers will share what they love about dance, along with Teddy Bear and PJ Days to keep things cozy and fun. Dance Team is busy too, getting ready to perform at upcoming middle and high school games. February may be a shorter month, but it's full of meaningful moments and exciting things to look forward to at the studio.



## Announcements

Tuition is due on February 15<sup>th</sup>



## UPCOMING DATES

### February

- 2-5** HEART ATTACK THE STUDIO  
SHARE WHAT YOU LOVE ABOUT DANCE
- 9-12** TEDDY BEAR WEEK/PJ DAYS  
WEAR PJ'S AND BRING A STUFFED ANIMAL
- 19** TEAM PERFORMING AT MIDDLE SCHOOL  
PERFORMING AT 4:00
- 22** TEAM PERFORMING AT @SVHS GAMES  
PERFORMING AT 3:00 AND 4:30
- 27** TEAM PERFORMING @ SHVS GAMES  
PERFORMING AT 4:30 AND 6:30

### March

- 11** NO ADVANCED ADULT CLOGGING  
MAKE UP ON JUNE 3<sup>RD</sup>
- 23-26** BEACH DAYS  
WEAR BEACH ATTIRE OVER LEOTARDS
- 30** SPRING BREAK - NO DANCE ALL WEEK  
MARCH 30 - APRIL 2 ENJOY THE BREAK

# HAPPY BIRTHDAY TO YOU!

## February



01 Ivy	11 Jocelyn	18 Krystal	23 Oakley
03 Zane	11 Kylee	18 Payson	25 Preston
03 Adeline	12 Lottie	18 Vandl	25 Grady
04 Eli	14 Lydia	19 Brooke	26 Kyndal
05 Brynnli	15 Calvin	20 Lillian	27 Jessica
07 Lexi	15 Becca	20 Lucy	
07 Rylee	15 Molly	20 Jennifer	
08 Tiqvah	17 Addyson	21 Megan	
09 McKaty	17 Royal	22 Kamryn	

“Great dancers are not great because of their technique, they are great because of their passion. — Martha Graham”

# HEART ATTACK

We're excited to "Heart Attack" the studio the week of February 2<sup>nd</sup> through 5<sup>th</sup>! During the first five minutes of class, dancers will receive a heart to write something they love about dance—or something they love about their class. We will then hang all the hearts around the studio for the month of February to celebrate what we love about dance. In March, dancers will get to take their hearts home if they choose. To help keep this activity to just five minutes, please come to class prepared with what you'd like to write on your heart. We can't wait to see the studio filled with what our dancers love most!

## TEACHER

## Spotlight

### Lisa Garner

Lisa Garner and her husband Mike have called Star Valley home for the last 35 years while she taught 1<sup>st</sup> grade and KG. They have 3 children and 2 grandchildren. Lisa enjoys spending time with family, camping, hiking, and traveling. Lisa was a Dezi's Dance Mom when her girls danced for many years. She loves watching children learn and grow. She knows how necessary music and movement are for young children. She hopes to provide a joyful experience for the students as they learn body awareness and how to move and experience music with family and friends.



### Aspen McAdams

Aspen is Dezi's oldest daughter and has spent a lot of her life at the studio. Over the years, Aspen has enjoyed a variety of genres from wonderful instructors. After College, Aspen was thrilled to return to the studio as an instructor. Aspen currently teaches youth and adult clogging classes. She loves continuing the dance tradition that started with her Grandma Diann and has moved to her mom and herself. Aspen is married to her wonderful husband, Brandon, and they have 2 beautiful children.



## Things We Love

This month, we're starting each class by sharing something we love! Whether it's a favorite dance move, a special memory, or something that makes us smile, we're excited to make connections in the studio while celebrating things we love!

## Connect WITH US

-  [dezi@dezisdance.com](mailto:dezi@dezisdance.com)
-  [@dezisdance](https://www.instagram.com/dezisdance)
-  [Dezi's Dance Studio](https://www.facebook.com/Dezi's Dance Studio)